

READY TO GO THE DISTANCE

Let's spread the word about the **Halberg Mile!**

Use these pre-written newsletter messages to help promote your school's **Halberg Mile challenge** to your wider community.

You can copy and paste them directly or tweak the wording to suit your school.

The more you share, the more your students and staff will get involved – and the more moments of joy you'll help create for young people with physical disabilities.

JOIN YOUR SCHOOL AND GO THE MILE

Long version – School Newsletter or Communications copy:

Subject Line: We're stepping up for the Halberg Mile! 🏃💙

Kia ora whānau,

We're excited to share that **[School Name]** is taking part in the **Halberg Mile pilot** – a fun and meaningful nationwide challenge supporting the Halberg Foundation to make sport and recreation accessible for all young Kiwis.

This December, we'll be joining schools across Aotearoa as students, teachers, and families **walk, roll, or run their Mile** to raise funds for young people with physical disabilities – helping to break down barriers and create opportunities to play, belong, and achieve.

It's movement with meaning – and we're proud to be part of it.

Here's how you can get involved:

💙 **Sign your child up** at <https://mile.halberg.co.nz/home> and join our **[School Name]** team.

💙 **Support their effort:** Share your child's fundraising page with whānau and friends – every dollar helps make play possible.

💙 **Join the fun:** Get active together, post your progress, and celebrate every step, roll, or stride!

This is a wonderful chance for our tamariki to move for good, build empathy, and help other kids experience the joy of play.

Let's show Aotearoa what **[School Name]** can do!

On your marks... get set... go the Mile!

Short version – for newsletters or brief comms:

We're going the distance for the Halberg Mile! 💙

This December, **[School Name]** is joining schools across Aotearoa to take part in the **Halberg Mile** – a nationwide movement challenge raising funds to help young people with physical disabilities experience the joy of sport and recreation.

Here's how you can help:

💙 **Sign your child up** at <https://mile.halberg.co.nz/home> and join our **[School Name]** team.

- ♥ **Share and support** their fundraising page – every dollar helps make play possible.
- ♥ **Move for good** – walk, roll, or run your Mile and celebrate every step!

Together, we can make play possible – one Mile at a time.

Let's go, [School Name]!